

## PLAY

'Play permits the child to resolve in symbolic form unsolved problems of the past and to cope directly or symbolically with present concerns. It is also his most significant tool for preparing himself for the future and its tasks'. - Bruno Bettelheim

'If A is a success in life, then A equals x plus y plus z. Work is x; y is play; and z is keeping your mouth shut' - Albert Einstein

'It is a happy talent to know how to play' – Ralph Waldo Emerson

'There is little that gives children greater pleasure than when a grown-up lets himself down to their level, renounces his oppressive superiority and plays with them as an equal'. - Sigmund Freud

'Man is most nearly himself when he achieves the seriousness of a child at play' – Heraclitus

'Without this playing with fantasy, no creative work has ever yet come to birth. The debt we owe to the play of imagination is incalculable' – Carl Jung

'In every real man a child is hidden that wants to play' – Friedrich Nietzsche

'We can be sure that all happenings, pleasant or unpleasant, in the child's life, will have repercussions on her dolls.' - Jean Piaget

'You can discover more about a person in an hour of play than in a year of conversation' – Plato

'The world of reality has its limits; the world of imagination is boundless' - Jean-Jacques Rousseau.

'We don't stop playing because we grow old; we grow old because we stop playing' - George Bernard Shaw

'Playful children are happier, better adjusted, more co-operative, and more popular with their peers than those who play less. Children play longer when a wide variety of toys is available. Playful children are more physically active, creative, humorous, imaginative, emotionally expressive, curious and communicative. - Jerome Singer

'Children who play often – both alone and socially – become more creative and imaginative than those whose exposure to play and toys is limited'. - Brian Sutton-Smith

'In play a child is always above his average age, above his daily behaviour; in play, it is as though he were a head taller than himself. As in the focus of a magnifying glass, play contains all developmental tendencies in a condensed form; in play, it is as though the child were trying to jump above the level of his normal behaviour'. - Lev Vygotsky